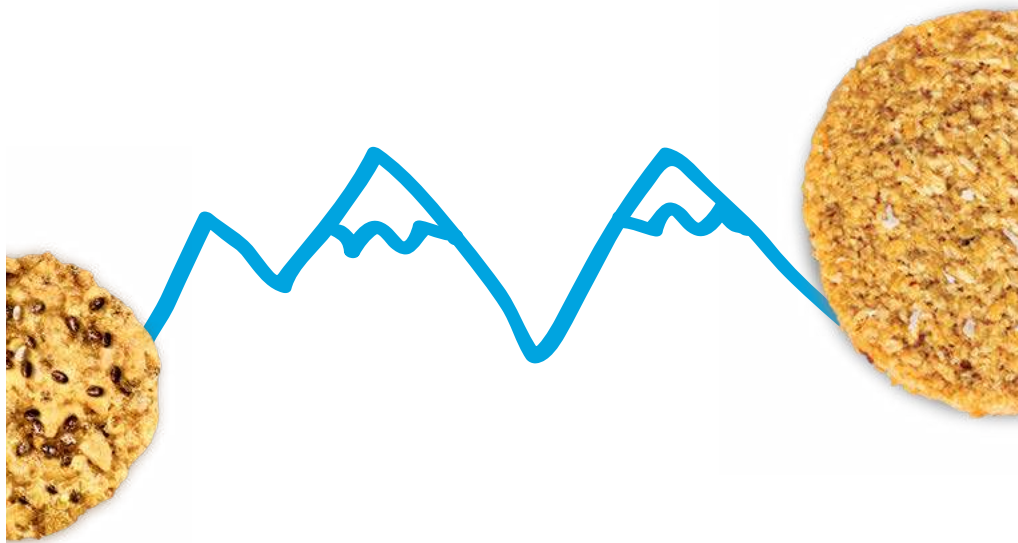




FRANK & OLI

PRODUCT CATALOGUE



We firmly believe that there's a reason for everything and our actions not only affect us but **everyone** around us, as well as the world we live in. That is why, when building the Frank&Oli brand, we have endeavoured to create a company where **everyone** can feel good, grow and become their best self for a happy body, mind and soul. An initiative empowering us to establish long-term partner relationships with our suppliers, clientèle and consumers.

FRANK&OLI



PEANUT BUTTER SOFT COOKIE BANANA

Have a bite to discover a taste of exotic adventure! A soft Peanut Butter Cookie with banana is a unique combination of peanut butter and banana that give you strength while you are walking, going sightseeing or hiking in the mountains. Don't wait anymore. Pack your things and hit the road!



← LOW IN
CARBOHYDRATES

← SUITABLE FOR
VEGANS

→ NO ADDED
SUGAR

→ GLUTEN FREE

DISCOVER A BANANA FLAVOR!

NEW!

FRANK & OLIV



PEANUT BUTTER SOFT COOKIE CHOCOLATE

Delight in the intense taste of chocolate with no sense of guilt! Thanks to our cookie, you can feel safe with what you eat. It is a delicious combination of a peanut butter and chocolate - full of natural ingredients. Perfect for peaceful activity in the fresh air!



← LOW IN
CARBOHYDRATES

← SUITABLE FOR
VEGANS

→ NO ADDED
SUGAR

→ GLUTEN FREE

TASTE THE POWER OF CHOCOLATE!

FRANK & OLIV

NEW!



PEANUT BUTTER SOFT COOKIE CRANBERRY & VANILLA

Do you feel like having something delicious? The soft Peanut Butter Cookie combines natural ingredients and unique flavor! As it comes with cranberry and vanilla, you will not be able to resist it. It also gives you natural energy and power for any challenge!



NO ADDED
SUGAR →

GLUTEN FREE →

← LOW IN
CARBOHYDRATES

← SUITABLE FOR
VEGANS

INTENSE BITE OF ENERGY!

NEW!

FRANK&OLI



FRANK&OLI

NATURALLY, WE TAKE CARE OF EVERYTHING!

We know that the best taste and quality comes from nature. In an effort to minimise the negative effects on the environment, we are continuously introducing new solutions that will benefit us all. That is precisely why the plastic trays that our cookies are packaged in are made from 85% recycled materials! We earnestly hope that by taking these small steps towards nature we are making great changes!





KETO SOFT COOKIE COCONUT & CASHEW NUT

Enter a new level of wholesome sweetness and reach for a Soft Keto Cookie! It's sweet, with no sugar added, and simply bursting with energy but low in carbohydrates! Taste it for yourself and experience this wonderful Keto style combination of coconut and cashew and unleash new levels of energy and vitality!



← LOW IN
CARBOHYDRATES

← SUITABLE FOR
VEGANS

→ NO ADDED
SUGAR

→ GLUTEN FREE

POWER UP YOUR ENERGY LEVELS!

FRANK&OLI



KETO SOFT COOKIE PEANUT BUTTER

Your sweet yet guilt-free pleasures in a Keto version start right here. This soft and delicate cookie with a super peanut buttery taste gives an exceptional portion of energy at its very best! Grab your Keto snack and take on new challenges every day!



← LOW IN
CARBOHYDRATES

← SUITABLE FOR
VEGANS

→ NO ADDED
SUGAR

→ GLUTEN FREE

ACCEPT SOME SWEET SUPPORT!

FRANK&OLI



PROTEIN BROWNIE SOFT COOKIE CHOCOLATE + COCOA

Load up on energy with this delicious protein booster snack that's rich in natural magnesium! Our Protein Brownie Cookie is the perfect snack to fuel an active lifestyle and has a great chocolate flavour that true chocolate fans crave.



NO ADDED
SUGAR →

GLUTEN FREE →

SUITABLE
FOR VEGANS →

← A SOURCE OF
MAGNESIUM

← HIGH IN
OMEGA-3
FATTY ACIDS

← SOURCE OF
PROTEIN

← HIGH IN
DIETARY FIBRE

DISCOVER A GREAT SOURCE OF GOOD ENERGY!

FRANK&OLI



PROTEIN CRANBERRY VANILLA SOFT COOKIE CRANBERRY + VANILLA

Reach for this high energy snack to get a positive energy balance and live life to the full! Our delicious Protein Cranberry Vanilla Cookies are perfectly balanced and rich in vitamins and minerals to give you the energy you need to power through the day.



NO ADDED
SUGAR →

GLUTEN FREE →

SUITABLE
FOR VEGANS →

← SOURCE OF
PROTEIN

← HIGH IN
DIETARY FIBRE

FILL YOUR ENERGY STORES WITH THIS DELICIOUS,
ENERGY BOOSTING SNACK!

FRANK&OLI



PROTEIN BROWNIE COOKIE CHOCOLATE + CASHEWS

Keep it up, stay active! Savour every bite of our Protein Brownie Cookie unique chocolate and cashew combo to keep your energy levels up throughout the day. Rich in magnesium and high in fibre to give you the boost you need to face every challenge!



← A SOURCE OF
MAGNESIUM

← HIGH
FIBRE
CONTENT

SOURCE OF
PROTEIN →

GLUTEN FREE →

TASTE THE POWER OF NUTRITIOUS FLAVOUR!

FRANK&OLI



BROWNIE SOFT COOKIE CHOCOLATE + COCOA

Discover the source of wellbeing and release the power of chocolate with our Brownie Cookie! A healthy, nutrient-dense and magnesium-rich snack. Indulge guilt-free in sugar and gluten free wholesome goodness packed with great flavour!



← NO ADDED
SUGAR

← HIGH IN
DIETARY FIBRE

GLUTEN FREE →

SUITABLE
FOR VEGANS →

DIVE IN AND KEEP UP THE POSITIVE VIBES!

FRANK&OLI



MILLET SOFT COOKIE

PEANUT PASTE + CHIA SEEDS

Always have them with you to keep hunger at bay! Delicious Millet Cookies with peanut paste and chia seeds. Pick up the pace and keep going! Head out! A satisfying snack full of fibre that will keep hunger at bay. Gluten-free and suitable for vegans.

GLUTEN FREE →
SUITABLE FOR VEGANS →



← NO ADDED SUGAR

← A SOURCE OF DIETARY FIBRE

← CONTAINS OMEGA-3 FATTY ACIDS

SATISFY YOUR HUNGER FOR EXCITEMENT!

FRANK&OLI



COCONUT SOFT COOKIE

COCONUT MOUSSE + ALMONDS

Take your taste buds on an exotic adventure with Coconut Cookie! A snack for your guilt-free enjoyment! A natural source of phosphorous and potassium and a great combo of flavours with coconut, almonds and gluten-free oats – a nutritious snack that you can feel good about and enjoy anytime and anywhere.

GLUTEN FREE →
SUITABLE FOR VEGANS →



← HIGH IN DIETARY FIBRE

← NO ADDED SUGAR

READY TO TAKE YOUR TASTE BUDS ON AN ADVENTURE?

FRANK&OLI



CARROT SOFT COOKIE

CARROT MOUSSE + ALMONDS

Do you lose power during your excursion or while traveling? Our delicious vegan cookie is filled with nutrients, such as carrots, coconuts and almonds. This healthy snack will serve as a natural energy booster and let you continue your adventure.



GLUTEN FREE →
SUITABLE FOR VEGANS →

← HIGH IN DIETARY FIBRE
← NO ADDED SUGAR

NATURAL ENERGY IS ON ITS WAY!

NEW!

FRANK&OLI



CARROT BISCUITS

MILLET FLAKES + FLAX SEEDS + CARDAMON

Achieve your goal with no sacrifices! Our Carrot Biscuits are perfect for health and wellbeing fans. A delicious combination of millet flakes and flax seeds with a subtle hint of cardamom with no sugars added. A healthy and delicious vegan snack.

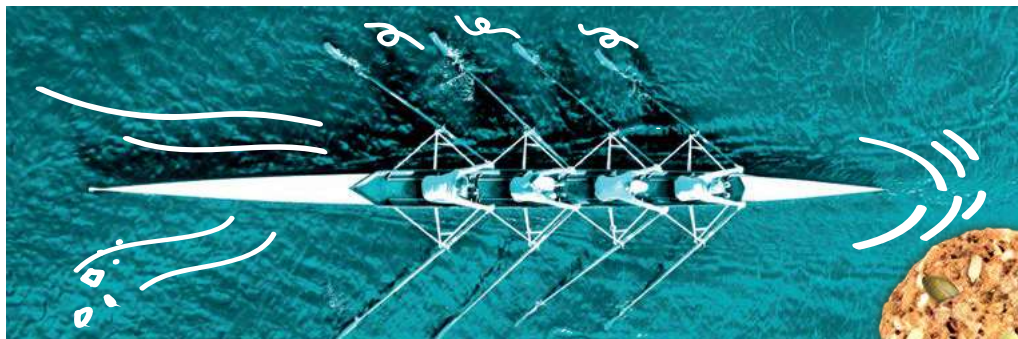


GLUTEN FREE →
SUITABLE FOR VEGANS →
PACKAGED IN A TRAY MADE FROM 85% RECYCLED MATERIALS →

← A NATURAL SOURCE OF MAGNESIUM AND PHOSPHOROUS
← A NATURAL SOURCE OF IRON AND POTASSIUM
← NO ADDED SUGAR
← CONTAINS OMEGA-3 FATTY ACIDS

STAY IN SHAPE WITHOUT THE SACRIFICES!

FRANK&OLI



APPLE BISCUITS

SUGAR FREE

PUMPKIN SEEDS + SUNFLOWER SEEDS + BUCKWHEAT

Savour our delicious sugar free Apple Biscuits and keep fit and lean. A wholesome snack that is a valuable source of omega-3 fatty acids and fibre, made with great tasting and quality ingredients. A delicious, guilt-free, go-to snack to stay and get in shape and feel fabulous!

GLUTEN FREE →
SUITABLE FOR VEGANS →
PACKAGED IN A TRAY MADE FROM 85% RECYCLED MATERIALS →



← NO ADDED SUGAR
← HIGH IN DIETARY FIBRE
← CONTAINS OMEGA-3 FATTY ACIDS

CRUNCH TO YOUR HEART'S CONTENT!

FRANK&OLI



BUCKWHEAT BISCUITS

PUMPKIN SEEDS + APPLE + CINNAMON

We've come up with the perfect snack for those who are at one with nature! Deliciously wholesome Gluten-free Buckwheat Cookies with pumpkin seeds, apple and aromatic cinnamon. A natural source of magnesium, phosphorus and potassium! Find peace and harmony – savour the moment, wind down and relax!

GLUTEN FREE →
SUITABLE FOR VEGANS →
PACKAGED IN A TRAY MADE FROM 85% RECYCLED MATERIALS →



← SOURCE OF NATURAL IRON AND POTASSIUM
← VITAMIN E
← CONTAINS OMEGA-3 FATTY ACIDS
← RICH IN NATURAL MAGNESIUM AND PHOSPHOROUS

CRUCH AWAY GUILT-FREE AT BREAK TIME!

FRANK&OLI



MILLET BISCUITS

FLAX SEEDS + SESAME SEEDS + SUNFLOWER SEEDS

Delicious and crunchy—full of wholesome goodness! That's exactly what our Millet Biscuits are like... and they contain natural minerals and OMEGA-3 fatty acids! Find time to relax and power up, no matter how busy you are!

GLUTEN FREE →
SUITABLE FOR VEGANS →
PACKAGED IN A TRAY MADE FROM 85% RECYCLED MATERIALS →



← A SOURCE OF IRON AND POTASSIUM
← A SOURCE OF DIETARY FIBRE
← CONTAINS OMEGA-3 FATTY ACIDS

HAVE A MOMENT TO YOURSELF!

FRANK&OLI



MILLET BISCUITS

CHIA SEEDS + NUTS

It's worth getting the right balance not only when you start your day, greeting the sun as it rises! Our Millet Biscuits with chia seeds and nuts are the perfect snack throughout the day – making your day great and giving it that healthy sweetness!

GLUTEN FREE →
SUITABLE FOR VEGANS →
PACKAGED IN A TRAY MADE FROM 85% RECYCLED MATERIALS →



← A SOURCE OF POTASSIUM
← A NATURAL SOURCE OF IRON
← CONTAINS OMEGA-3 FATTY ACIDS

CATCH YOUR BREATH!

FRANK&OLI





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