

MAKHANA (FOXNUTS)

The Best-Selling Healthy Snack in the Market





100% Natural | Vegan | Gluten-Free

Foxnuts, also known as Makhana or Water Lily Seeds, are the perfect crunchy and nutritious snack. They contain zero sodium, are high in fiber, and are rich in essential nutrients for overall well-being.

Nutritional Facts (Per 100g)

Energy	347 Kcal
Carbohydrates	76.9%
Fiber	14.5%
Proteins	9.7%
Minerals	0.5%
Fats	0.1%



Health Benefits

- Detoxifies the body and aids in cleansing toxins
- Good for diabetics & heart patients due to low glycemic index
- Enhances skin health with rich antioxidants
- Boosts fertility & reproductive health
- Supports kidney & urinary health
- Ideal for all age groups Safe for kids, seniors & pregnant women

Types of Makhana Products

- 1. Raw Makhana (Whole & Unprocessed)
- 2. Roasted & Flavored Makhana
- 3. Makhana Powder / Flour
- 4. Makhana Oil (Extracted from Makhana Seeds)
- 5. Makhana-Based Energy Bars & Protein Snacks
- 6. Makhana-Based Ayurvedic & Herbal Medicines

Packaging & Storage

- Packaging Options: Gunny bags, PP woven bags, Vacuum-sealed packs
- Bag Weights: 25kg, 50kg, or as required
- Storage Conditions: Store in a cool, dry place to prevent moisture & pests



We Specialize in Bulk & Commercial Foxnuts (Makhana) Needs

For commercial, industrial, retail, or customized orders, we ensure top-quality service.

Contact Us

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