

Newtrition



Healthy temptation!



You know you can...

Healthy temptation!  You know you can...



Contact us!

If you have any ideas for new, delicious products or you would like to share your opinion of feel FIT brand, just write to us:

info@feel-fit.pl

Follow us:



Hello, we are



We believe that **GOOD FOOD** should not only be **HEALTHY** and of high quality, but also taste **DELICIOUS**. When you eat well, you feel **GOOD**. You are ready for the **BIGGEST ADVENTURES OF YOUR LIFE**. **Feel FIT** products are rich in protein and wholesome ingredients, so that they can give you **GOOD ENERGY** and self-indulgence.

Feel FIT products are definitely for you if:

- you are looking for tasty and healthy snacks,
- you often crave for sweets,
- you are active and value high-quality food,
- you are always in a hurry and you are looking for products that you can eat anytime, anywhere.



DELICIOUS DUO COOKIES WITH CREAM

2 variants: high protein or sugar-free

NEW!

sugar-free

no added sugar



Perfect for on-the-go snacking

vegetarian

22% protein

Elevate your snacking moments anytime and anywhere!

Indulge in the bold and rich taste of our DUO cocoa cookies with the creamy and luscious cream. Made with the finest extra dark cocoa, our cookies offer a decadent and indulgent treat for any chocolate lover. Choose between high protein cookies with cocoa cream and sugar-free with vanilla cream. They are specially crafted to cater to dietary restrictions, making them perfect for diabetics, health-conscious individuals, and anyone looking for a guilt-free snack. DUO cookies come in a convenient 4-packs making them perfect for on-the-go snacking.

Feel FIT DUO cookies:		shelf life	15 months
Sugar Free cocoa & vanilla 176g	5903246877472	display	12 pieces
High Protein cocoa 168g	5903246877465	pallet	168 displays, 2016 pcs

Healthy temptation!



You know you can...

ENJOY! COOKIES FOR YOUR HEALTHY DIET

Brownie or Peanut & Caramel



They will tantalize your taste buds ...

Enjoy! Cookies is a line of chocolate cookies with unique flavors created for conscious consumers who avoid sugar, palm oil and animal ingredients. Carmel & Peanut cookies combine melt-in-your-mouth milk chocolate with a creamy filling and crunchy peanuts. Brownie cookies seduce with dark chocolate and crispy cookies with a creamy brownie-flavored filling. Unique recipes are made from the best ingredients to make a healthy diet as pleasant as never before!

Feel FIT ENJOY!:		shelf life	12 months
Peanut & caramel, no added sugar 100 g	5903246877434	display	24 pieces
		pallet	81 displays, 1944 pieces
Brownie, no added sugar 128 g	5903246877427	display	18 pieces
		pallet	81 displays, 1 458 pieces

Healthy temptation!  You know you can...

DELICIOUS PROTEIN ENJOY! COOKIES

Low sugar & Reduced carbs



Crispy protein delight!

Discover the crunchy pleasure and power in every bite of our Enjoy! Choco & Peanut and Milky Peanut protein cookies! Packed with 17–18% protein and a source of fibre, they keep you full and satisfied. Filled with smooth peanut protein cream and crunchy peanuts, covered in milk chocolate or coating, sweetened with maltitol, they're perfect for low-sugar diets and diabetics. With 30% fewer carbs, they fit perfectly into low-carb and keto lifestyles. The ideal snack for school, work, travel, or post-workout moments!

Feel FIT ENJOY!:		shelf life	12 months
Choco & peanut	5907173293282	display	24 pieces
		pallet	81 displays, 1944 pieces
Milky Peanut	5907173293299	display	24 pieces
		pallet	81 displays, 1 944 pieces

Healthy temptation!  You know you can...

PROTEIN PEANUT BUTTER PRALINES

In Premium milk chocolate



no added sugar

premium milk chocolate

17% protein

gluten free

They melt in your mouth...

The extraordinary flavor of Premium milk chocolate with peanut butter filling and a hint of salt will surely delight many connoisseurs. We have carefully crafted this exquisite treat with a focus on exceptionally delicious and natural composition. Our product features the highest quality chocolate, with no added sugar, and a delectable peanut butter enriched with whey protein. Enjoy the indulgence of our Premium milk chocolate with peanut butter, a truly delightful and guilt-free treat.

feel FIT PROTEIN PEANUT BUTTER PRALINES:		shelf life	12 months
33 g	5903246877397	display 33 g	24 pieces
		pallet	325 displays, 7 800 pieces
66 g	5903246877380	display 66 g	14 pieces
		pallet	126 displays, 1 764 pieces

Healthy temptation!



You know you can...

PROTEIN CHOCOLATES WITH PEANUTS

In Premium dark chocolate



no added sugar

gluten free

17% protein

no palm oil



Old recipe in healthy style.

Protein Choco & Peanut are protein chocolates coated in Premium Belgian dark chocolate with a rich and nutty filling. These delightful treats combine great flavor with functional qualities. Created with care and precision, each piece is a masterpiece of flavor and nutrition. They contain 17% protein, with no added sugar. So go ahead and relish the moment, knowing that with every bite, you're treating yourself to a blissful and wholesome delight. Enjoy the deliciousness and nutritional benefits of these protein-packed chocolates!

feel FIT PROTEIN CHOCO & PEANUT 83 g:		shelf life	12 months
PROTEIN CHOCO&PEANUT	5903246877328	display	14 pieces
		pallet	126 displays, 1 764 pieces

Healthy temptation!



You know you can...

PROTEIN NUT SPREAD & SNACK

with mini grissini on the go!



Out of passion for good nutrition...

Good ingredients: **hazelnuts, cocoa, whey protein concentrate, maltitol, and healthy fats. No unnecessary extras!** **Whey protein concentrate** contributes to the building of muscles and supports their regeneration. **Maltitol** means 2x fewer calories, protection against tooth decay, and a lower glycemic index. **Shea butter and rapeseed oil** are an irreplaceable source of unsaturated fatty acids and phytosterols important for health. 2 options of the product: spread or snack with crispy mini grissini.

feel FIT PROTEIN NUT cocoa & hazelnut spread 200 g	5903246877366	shelf life	15 months
		carton / pallet	6 pcs / 324 cartons, 1 944 pcs
feel FIT PROTEIN NUT cocoa & hazelnut spread with mini grissini 25 g	5903246877342	shelf life	10 months
		display / pallet	15 pcs / 336 displays, 5 040 pcs

Healthy temptation!  You know you can...

PROTEIN SPREADS NO ADDED SUGAR



The Art of a Healthy & Delicious Diet!

Discover our family of protein creams – a trio of indulgent flavors: Chocolate, Pistachio, and our newest addition, Milk-Nut. Perfect for low-carb and keto lifestyles. Enjoy them on bread, in oatmeal, shakes, or pancakes to create satisfying protein-packed breakfasts, desserts, or snacks. Thanks to their rich protein content, they help keep hunger at bay – so you feel full, energized, and nourished. Delicious meets nutritious – every spoonful fits your healthy lifestyle.

feel FIT PROTEIN spreads 200g			
cocoa & hazelnut	5903246877366	shelf life	11 (pistachio), 12, 15 (cocoa) months
milky nut	5907173293251	carton	6 pieces
pistachio	5907173293091	pallet	350 cartons, 2100 pieces

Healthy temptation!



You know you can...

PLANT-BASED VEGANELA SPREADS

with no added sugar

no palm oil

no added sugar



VEGAN



NEW!

vegan

45% pistachio

Veganela is so tasty!

With our planet's well-being in mind, we've created new spread recipes that are entirely free of animal-derived ingredients. VEGANELA spreads are available in 3 delicious variants: cocoa & hazelnut, salted caramel and pistachio 45%. What's more, these spreads are made without any added sugar, ensuring a delightful and guilt-free experience. Enjoy the goodness of VEGANELA spreads, making every moment of indulgence truly delightful and planet-friendly.

feel FIT VEGANELA 200 g:			
cocoa & hazelnut	5903246877304	shelf life	15, 12 months (pistachio)
salted caramel	5903246877809	carton	6 pieces
pistachio 45%	5903246877984	pallet	324 cartons, 1 944 pieces

Healthy temptation!



You know you can...

VEGANELA BALLS WITH COCONUT MILK

with no added sugar

NEW!



100% vegan

no palm oil

with cocoa butter

whole almond inside



no added sugar

Nature's Bliss in Every Bite...

Discover real plant-based sweet pleasure without added sugar! Feel FIT Coconut Veganela Balls are unique coconut pralines with almonds that not only taste delicious, but are also ideal for those practicing a vegan diet. Our coconut balls are completely free of animal ingredients, making them a great option for vegans. Enjoy the taste of crunchy almonds, creamy coconut filling inside wafer balls, and delicate coconut flakes on the outside. Our exquisite treats let you keep your diet healthy and pleasant.

feel FIT COCONUT VEGANELA BALLS:		shelf life	12 months
27g	5903246877892	display 27g	24 pieces
		pallet	325 displays, 7 800 pieces
63g	5903246877670	display 63g	14 pieces
		pallet	126 displays, 1 764 pieces

Healthy temptation!  You know you can...





PROTEIN COCONUT BALLS

with no added sugar



with an almond



no added sugar

17% protein



Temptation you don't have to resist

Protein coconut balls are fit, healthy and tasty snacks that can easily replace traditional sweets! Each praline contains a carefully selected whole ALMOND and PROTEIN CREAM with a delicate consistency and coconut flavour. It is coated in CRUNCHY WAFER with a coating glaze and sprinkled with coconut flakes.

Now you can grab your favourite sweets without any regrets!

feel FIT ROYAL COCONUT PROTEIN BALLS:		shelf life	13 months
27 g	5903246877151	display 27 g	24 pieces
		pallet	325 displays, 7 800 pieces
63 g	5903246877267	display 63 g	14 pieces
		pallet	126 displays, 1 764 pieces

Healthy temptation!  You know you can...



CRISPY & TASTY PROTEIN BARS

low sugar & vegetarian

28% protein

high fibre

vegetarian



low sugar

2 flavours: vanilla & caramel



**For any time of the day,
not only after training!**

Feel FIT Protein 28% bars are perfect snacks for any time of the day, not only after the training. Their main benefits are: 28% protein, low sugar and high fibre which make them an ideal snack to give your body a healthy energy boost. Whatmore they are vegetarian, so they do not contain animals or parts of animals in their recipe (i.e. no collagen). PROTEIN 28% bars stand out with their crunchy consistency so that they can indulge your taste buds.

Feel FIT Protein 28% 40 g:		shelf life	13 months
PROTEIN 28% crispy vanilla	5903246877014	display	32 pieces
PROTEIN 28% crispy caramel	5903246877007	pallet	280 displays, 8960 pieces

Healthy temptation!



You know you can...

ENERGY FROM RAW NUTS AND SEEDS!

100% natural & healthy ingredients



RAW NUTS ENERGY

with almonds, cranberries, pumpkin seeds perfectly fuels your brain, improves concentration and memory

RAW NUTS ENERGY

with cashews, raw cacao nibs, blackcurrant is ideal for every chocolate-lover and it lifts your moods

RAW SEEDS ENERGY

with blueberries, chia seeds, cherries improves your metabolism, cleanses your body of toxins and prevents aging



Ingredients (all healthy and delicious):

RAW NUTS: almonds, cashews

RAW SEEDS: pumpkin, chia, sunflower, sesame, flaxseeds

FRUITS: blueberry, chokeberry, blackcurrant
raw cacao nibs, natural honey, expanded millet

feel FIT RAW NUTS & SEEDS ENERGY 35 g:			
almonds, cranberries, pumpkin seeds	5903246877496	shelf life	12 months
cashews, raw cacao nibs, blackcurrant	5903246877502	display	12 pieces
blueberries, chia seeds, cherries	5903246877519	pallet	832 displays, 9 984 pieces

Healthy temptation!



You know you can...

A TASTY CHOICE FOR A HEALTHY SANDWICH

Elements of a balanced diet: vegetables and pea protein



hummus with nigella seeds

vegan



high protein

only natural ingredients



Pea protein makes you feel full for longer

Protein Hummus with nigella seeds and **Protein Veggie Paste with smoked pepper** are delectable spreads, perfect for enhancing the taste and healthiness of your sandwiches. Both spreads are crafted using chickpeas as the base, along with thoughtfully selected additions to create a delightful flavor profile. We've enriched these spreads with easily absorbed and non-allergenic pea protein, which reduces appetite and provides a longer-lasting feeling of fullness.

feel FIT HIGH PROTEIN VEGGIE PASTES 185 g:			
Hummus with nigella seeds and pea protein	5903246877144	shelf life	12 months
Vegetable paste with smoked pepper and pea protein	5903246877168	carton	6 pieces
		pallet	288 cartons, 1 728 pieces

Healthy temptation!



You know you can...



VEGGIE PROTEIN QUICK MEALS

Eat straight from the jar!

NEW!

ready to eat
without heating

vegan

chickpeas
in Indian style

rich in vegetables

high protein

TAKE READY MEALS WITH YOU

Feel FIT Protein Quick Meals are the ultimate ready-to-eat solution! No cooking or hot water needed – just open the jar and dig in! They're loaded with healthy veggies like chickpeas or pinto beans, and powered up with pea protein for a wholesome and filling meal. The taste is elevated with a perfect blend of herbs and spices like ginger, cumin, and turmeric, making each bite incredibly delicious. Take Feel FIT Protein Quick Meals with you wherever you go – to work, on a hike, or on a trip. They're a convenient and nutritious option for your busy lifestyle.

feel FIT VEGGIE PROTEIN QUICK MEAL 185 g:			
with chickpeas in Indian style	5903246877236	shelf life	12 months
with pinto beans in Italian style	5903246877212	carton	6 pieces
with red beans in Mexican style	5903246877441	pallet	288 cartons, 1 728 pieces

Healthy temptation!  You know you can...

DISCOVER OUR INNOVATIVE PRODUCTS

We are proud that our products are part of the best food innovations in the world chosen among thousands of this year's new grocery items.



Feel FIT Protein Peanut Butter Pralines became the winner of the Innovation Awards during Yummex Middle East 2021. Feel FIT Coconut Veganela balls were among finalists of FoodBev's World Food Innovation Awards at IFE 2024 in London.

Healthy temptation!  You know you can...

SUMMARY OF FUNCTIONAL BENEFITS

Product	Added protein	No added sugar	Gluten free	Plant-based	Vegetarian	Dairy free	Other key benefits
 Royal Coconut Protein balls	+	+	-	-	+	-	with almonds
 Protein Choco & Peanut	+	+	+	-	+	-	Premium dark chocolate
 Protein Peanut Butter Pralines	+	+	+	-	+	-	Premium milk chocolate
 Veganella Balls	-	+	-	+	+	+	high fibre, no palm oil
 Protein spreads & snacks	+	+	-	-	+	-	no palm oil
 Protein Cookies	+	+	-	-	+	-	lower carbs
 Enjoy & DUO cookies	-	+	-	-	+	-	no palm oil
 Veganella	-	+	-	+	+	+	no palm oil
 Protein 28% bars	+	+	-	-	+	-	high fibre, 28% protein
 Raw nuts & seeds energy bars	-	-	+	-	+	+	100% natural, Honey as sweetener
 Protein veggie pastes and meals	+	+	+	+	+	+	100% natural

Healthy temptation!



You know you can...



Newtrition

*Newtrition Sp. z o.o. sp. k., 5A Plocka Str, 01-231 Warsaw, Poland
info@feel-fit.pl, +48 515472761, www.feel-fit.pl*

Healthy temptation!



You know you can...



Republic
of Poland

European Union
European Regional
Development Fund

