

bahs.

“Eat right, live strong.”

**ENGLISH
CATALOGUE**

About Us.

We are a company dedicated to people who want to eat healthy and maintain a balanced lifestyle. Founded in 2021, our goal is to open the doors to a healthy life with high-quality and nutritious foods.

Our company cares not only about human health but also about the health of the planet. At a time when we need change for a sustainable future for both people and our world, it is our mission to correct eating habits and guide everyone toward healthy and practical foods to achieve a better future.

Our vision is to contribute to a healthy life for each individual by improving current eating habits and promoting a sustainable lifestyle. In doing so, we pay special attention to the use of recyclable materials and act with an awareness that respects nature.

We invite you to take a step toward a healthier lifestyle by discovering our healthy and delicious products.

Meal Powder.



27 Vit. & Min.

26g Protein

High Fiber



Double
Choco.



Happy
Banana.



Strawberry
cake.



Caramel
Latte.



Smooth
Vanilla.



Sweet
Peach.



Pumpkin
Spice Latte.




Chai Tea
Latte.



Cookie
Dreams.

Meal Powder.

With bahs. meal powder, you can easily reach your goals, whether it's losing weight, gaining muscle, or eating healthy.

Net Weight : 600g 

| Nutritional Fact | 100g Powder | 1 Serving/60g | 3 Servings/180g |
|----------------------|--------------------|--------------------|--------------------|
| Energy | 427 kcal (1792 kJ) | 256 kcal (1075 kJ) | 768 kcal (3225 kJ) |
| Total Fat | 15,58 g | 9,35 g | 28,04 g |
| Saturated Fat | 2,32 g | 1,39 g | 4,18 g |
| Mono Unsaturated Fat | 3,03 g | 1,82 g | 5,46 g |
| Poly Unsaturated Fat | 9,51 g | 5,70 g | 17,11 g |
| Total Carbohydrate | 25,75 g | 15,45 g | 46,35 g |
| sugar | 1,09 g | 0,65 g | 1,96 g |
| Dietary Fiber | 6,53 g | 3,92 g | 11,75 g |
| Protein | 42,68 g | 25,61 g | 76,82 g |
| Salt | 0,90 g | 0,55 g | 1,65 g |

| Vitamins | 100g Powder | 1 Serving/60g | 3 Servings/180g |
|-------------------------------|-------------|---------------|-----------------|
| Vitamin A | 417 µg RE | 250,2 µg RE | 760,6 µg RE |
| Vitamin D | 5,56 µg | 3,34 µg | 10 µg |
| Vitamin E | 5,56 mg TE | 3,34 mg TE | 10 mg TE |
| Vitamin C | 61,2 mg | 36,7 mg | 110 mg |
| Vitamin B1 (Thiamin) | 0,44 mg | 0,27 mg | 0,8 mg |
| Vitamin B2 (Riboflavin) | 0,90 mg | 0,54 mg | 1,6 mg |
| Vitamin B3 (Niacin) | 9,44 mg NE | 5,67 mg NE | 17 mg NE |
| Vitamin B6 (Pyridoxine) | 0,90 mg | 0,54 mg | 1,6 mg |
| Folic Acid | 183,4 µg | 110 µg | 330 µg |
| Vitamin B12 | 1,67 µg | 1 µg | 3 µg |
| Biotin | 22,23 µg | 13,34 µg | 40 µg |
| Vitamin B5 (Pantothenic Acid) | 2,81 mg | 1,69 mg | 5,06 mg |
| Vitamin K | 38,99 mg | 23,34 mg | 70 mg |

| Minerals | 100g Powder | 1 Serving/60g | 3 Servings/180g |
|------------|-------------|---------------|-----------------|
| Calcium | 530,72 mg | 318,07 mg | 950 mg |
| Phosphorus | 486,71 mg | 292 mg | 876 mg |
| Potassium | 1734 mg | 1040 mg | 3120 mg |
| Iron | 5,16 mg | 3,09 mg | 9,27 mg |
| Zinc | 5,25 mg | 3,15 mg | 9,45 mg |
| Copper | 0,61 mg | 0,37 mg | 1,1 mg |
| Iodine | 84 µg | 50 µg | 150 µg |
| Selenium | 40 µg | 24 µg | 72 µg |
| Chromium | 113,98 µg | 68,38 µg | 205 µg |
| Sodium | 0,49 g | 0,30 g | 0,90 g |
| Chloride | 1571 mg | 943 mg | 2829 mg |
| Molybdenum | 36,4 µg | 21,84 µg | 65,52 µg |
| Magnesium | 83,34 mg | 50 mg | 150 mg |
| Manganese | 1,69 mg | 1,01 mg | 3,03 mg |

| Other Ingredients | 100g Powder | 1 Serving/60g | 3 Servings/180g |
|-------------------|-------------|---------------|-----------------|
| Choline | 224 mg | 134 mg | 402 mg |
| Lipoic Acid | 6,59 g | 3,95 g | 11,85 g |
| Alpha Lipoic Acid | 123 g | 0,77 g | 2,31 g |

Dietary replacement food for body weight control.

Ingredients:

Pea Protein (24%), Maltodextrin, Sunflower Oil Powder, Ground Flaxseed, Inulin Potassium Chloride, Calcium Salt of Orthophosphoric Acid, Thickener (Guar Gum), Artificial Flavor, Choline Chloride, Thickener (Xanthan Gum), Magnesium Oxide, L-Ascorbic Acid, Sweetener (Ery-*t*, Sucralose, Steviol Glycosides), Fennel Sulphate, Di-*l*-alpha-Tocopherol, Zinc Sulphate, Nicotinamide, Manganese Sulphate, Di-*l*-Pantothenate Calcium, Riboflavin Ascorbate, Cholecalciferol, Copper Sulphate, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Chromium (III) Sulphate, Iodic Acid, Potassium Iodide, Sodium Selenite, Sodium Molybdate, Phylloquinone, D-Biotin, Cyanocobalamin

Cookies Flavoured.

Recommended Usage:

Add 500 ml of cold water into the shaker. Add 1 scoop (60g) of powder to the water. Shake well approximately 30 seconds. The daily dose consists of 3 meals consumed every 5 hours.

For Best Results:

Adequate daily fluid intake is important. The product is only intended for healthy overweight or obese adults who intend to achieve weight reduction. The product should be not used by pregnant or lactating women, adolescents or by individuals suffering from a medical condition without the advice of a health care professional. The product should not be used for more than 8 weeks, or repeatedly for shorter periods than this, by healthy overweight or obese adults without the advice of a healthcare professional.

Store in a cool and dry place out of the reach of children.

OWNER

BAHS GIDA TEKNOLOJİLERİ VE ÜRETİM LTD. ŞTİ.
İncek Mah. Şehit Sıvaci Mehmet Selim Kızı Bulv. No: 164, 06830 Gölbaşı/Ankara
Manufacturer Business Registration Number: TR-34-K-188526
Origin: Türkiye
BAHSİ www.bahsar.com
info@bahsar.com

*Nutritional values and ingredients may vary depending on the product type.

*1 scoop = 60g = 1 meal

Total 600g / 10 meals

High Meal Powder.



27 Vit. & Min.

40g Protein

High Fiber



Cookies
Dream.



Happy
Banana.



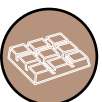
Strawberry
cake.



Caramel
Latte.



Smooth
Vanilla.



Double
Choco.

High Meal Powder.

With bahs. high meal powder, you can easily reach your goals, whether it's losing weight, gaining muscle, or eating healthy.

Net Weight: 1080g 

| Nutritional Fact | 100g Powder | 1 Serving/90g | 2 Servings/180g |
|----------------------|--------------------|--------------------|--------------------|
| Energy/Energie | 411 kcal (1724 kJ) | 370 kcal (1551 kJ) | 740 kcal (3102 kJ) |
| Total Fat | 16,13 g | 14,52 g | 29,04 g |
| Saturated Fat | 3,18 g | 2,86 g | 5,73 g |
| Mono Unsaturated Fat | 3,49 g | 3,14 g | 6,29 g |
| Poly Unsaturated Fat | 8,71 g | 7,84 g | 15,68 g |
| Total Carbohydrate | 17,46 g | 15,72 g | 31,43 g |
| Sugar | 0,65 g | 0,58 g | 1,17 g |
| Dietary Fiber | 7,78 g | 7,00 g | 14,01 g |
| Protein | 45,15 g | 40,63 g | 81,27 g |
| Salt | 1,04 g | 1,10 g | 1,88 g |

| Vitamins | 100g Powder | 1 Serving/90g | 2 Servings/180g |
|-------------------------------|-------------|---------------|-----------------|
| Vitamin A | 497 µg RE | 453,3 µg RE | 906,6 µg RE |
| Vitamin D | 5,9 µg RE | 5,3 µg RE | 10,6 µg RE |
| Vitamin E | 5,36 mg TE | 4,82 mg TE | 9,64 mg TE |
| Vitamin C | 61,12 mg | 55 mg | 110 mg |
| Vitamin B1 (Thiamin) | 0,49 mg | 0,44 mg | 0,89 mg |
| Vitamin B2 (Riboflavin) | 0,96 mg | 0,86 mg | 1,73 mg |
| Vitamin B3 (Niacin) | 3,46 mg NE | 3,11 mg NE | 6,23 mg NE |
| Vitamin B6 (Pyridoxine) | 0,56 mg | 0,50 mg | 1,01 mg |
| Folic Acid | 28,0 µg | 25,2 µg | 50,4 µg |
| Vitamin B12 | 1,0 µg | 0,9 µg | 1,8 µg |
| Biotin | 22,23 µg | 20 µg | 40 µg |
| Vitamin B5 (Pantothenic Acid) | 2,41 mg | 2,17 mg | 4,35 mg |
| Vitamin K | 34,89 µg | 31 µg | 62 µg |

| Minerals | 100g Powder | 1 Serving/90g | 2 Servings/180g |
|------------|-------------|---------------|-----------------|
| Calcium | 538,12 mg | 484,3 mg | 968,6 mg |
| Phosphorus | 416,17 mg | 374,5 mg | 749,0 mg |
| Potassium | 1795 mg | 1615,5 mg | 3231,0 mg |
| Iron | 5,16 mg | 4,64 mg | 9,28 mg |
| Zinc | 5,25 mg | 4,73 mg | 9,46 mg |
| Copper | 0,61 mg | 0,55 mg | 1,10 mg |
| Iodine | 84 µg | 75,6 µg | 151,2 µg |
| Selenium | 40 µg | 36 µg | 72 µg |
| Chromium | 113,98 µg | 102,58 µg | 205,16 µg |
| Sodium | 2,02 g | 1,82 g | 3,64 g |
| Chloride | 1,57 g | 1,41 g | 2,83 g |
| Molybdenum | 35,4 µg | 31,8 µg | 63,6 µg |
| Magnesium | 83,34 mg | 75 mg | 150 mg |
| Manganese | 1,09 mg | 0,97 mg | 1,95 mg |

| Other Ingredients | 100g Powder | 1 Serving/90g | 2 Servings/180g |
|-------------------|-------------|---------------|-----------------|
| Choline | 224 mg | 201 mg | 402 mg |
| Lipoic Acid | 6,40 g | 5,76 g | 11,52 g |
| Alpha Lipoic Acid | 0,79 g | 0,71 g | 1,42 g |

Gluten Free | No Added Sugar | Plant Based

Ingredients:

Pea Protein (48%), Maltodextrin, Alkalinized Cocoa Powder, Sunflower Oil Powder, Ground Flaxseed, Potassium Chloride/Potassium Chloride Flavour (Chocolate Flavour), Thickener (Guar Gum, Xanthan Gum), Calcium Salts of Orthophosphoric Acid, Choline Chloride, Magnesium Oxide, L-Ascorbic Acid, Sweetener (Ace-K), Ferrous Sulphate, D-Alpha-Tocopherol, Zinc Sulphate, Nicotinamide, Manganese Sulphate, D-Pantothinate Calcium, Retinyl Acetate, Cholecalciferol, Copper Sulphate, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Biotin, Folic Acid, Potassium Iodate, Sodium Selenite, Sodium Molybdate, Phylloquinone, D-Biotin, Cyanocobalamin, Silicon dioxide

Chocolate Flavoured.

Recommended Usage:

Add 500 ml of cold water into the shaker.
Add 1 scoop (90g) of powder to the water.
Shake well approximately 20 seconds.
The daily dose consists of 2 meals consumed every 5 hours.

For Best Results:

Adequate daily fluid intake is important. The product is only intended for healthy overweight or obese adults who intend to achieve weight reduction. The product should be not used by pregnant or lactating women, adolescents or by individuals suffering from a medical condition without the advice of a healthcare professional. The product should not be used for more than 8 weeks, or repeatedly for shorter periods than this, by healthy overweight or obese adults without the advice of a healthcare professional.

Store in a cool and dry place out of the reach of children.

OWNER

BAHS GIDA TEKNOLOJIERI VE GRETİM LTD. ŞTİ.
İncek Mah. Şehit Sıvacı Mehmet Selim Kiraz Bulv. No:164, 06830 Gölbaşı/Ankara
Manufacturer Business Registration Number: TR-34-K-188526
Origin: Türkiye
BAHS | www.bahsbar.com
info@bahsbar.com

*Nutritional values and ingredients may vary depending on the product type.

*1,5 scoop = 90g = 1 meal

Total 1080g / 12 meals

bahs. Shaker



- It is necessary in the use of meal powder, provides a more comfortable experience.
- It offers a wide variety of uses with its 500ml internal volume.

bahs. High Shaker



- It is necessary in the use of high meal powder, provides a more comfortable experience.
- It offers a wide variety of uses with its 700ml internal volume.

Super Greens



27 Vit. & Min.

Digestive Support

High Fiber



Pineapple.

Super Greens.

Formulated with 40+ vitamins, minerals, and nutrients derived from plants. With fruits, vegetables, plant-based protein, high fiber, and antioxidant content, it provides natural support at any time of the day.

SUPER GREENS

PINEAPPLE FLAVOURED

GREEN VEGETABLE BLEND POWDER

| NUTRITION FACTS | | |
|--|-----------------------|------------------------------|
| | 1 Serving | %DV (Daily Value) 1 Scoop |
| Nutrition Facts | | |
| Pack Contains: 300 g 1 Kutu: 300 g *1 Serving: 1 scoop (10 g) + 250 ml water | | |
| Energy | 33,9 kcal (141,84 kJ) | |
| Total Fat | 1,14 g | 1,63% |
| Total Carbohydrate | 3 g | 1,50% |
| Sugar | 0,10 g | 0,20% |
| Dietary Fiber | 2,3 g | 7,50% |
| Protein | 4,5 g | 9% |
| Salt | 0,10 g | 1,90% |
| VITAMINS | | |
| | 1 Serving | %DV (Daily Value) |
| Vitamin A | 360 µg RE | 45% |
| Vitamin D | 7,4 µg | 148% |
| Vitamin E | 5,4 mg TE | 36% |
| Vitamin C | 180 mg | 225,00% |
| Vitamin B1 (Thiamin) | 0,5 mg | 41% |
| Vitamin B2 (Riboflavin) | 0,63 mg | 50% |
| Vitamin B3 (Niacin) | 7,77 mg NE | 49% |
| Vitamin B5 (Pyridoxine) | 0,7 mg | 55% |
| Folic Acid | 123 µg | 31,00% |
| Vitamin B12 | 2,75 µg | 114% |
| Biotin | 22,6 µg | 75% |
| Vitamin B5 (Pantothenic Acid) | 2,7 mg | 45% |
| Vitamin K | 28 µg | 40% |
| MINERALS | | |
| | 1 Serving | %DV (Daily Value) |
| Calcium | 183 mg | 20,00% |
| Phosphorus | 134 mg | 20,00% |
| Potassium | 570 mg | 16% |
| Iron | 5,7 mg | 41,00% |
| Zinc | 8,25 mg | 75,00% |
| Copper | 0,45 mg | 45% |
| Iodine | 50 µg | 34% |
| Selenium | 23,7 µg | 43,00% |
| Sodium | 105,6 mg | 5,00% |
| Chloride | 55,5 mg | 2,30% |
| Molybdenum | 27 µg | 54% |
| Magnesium | 36 mg | 9% |
| Manganese | 1,25 mg | 62,00% |

Net Weight: 300g e

bahs.

INGREDIENTS

Pea protein (x80), Oat flour, Spirulina, Spinach leaf powder, Ground flaxseed, Ground chia seed, Broccoli powder, Carrot powder, Ginger powder, Inulin, Potassium salts of orthophosphoric acid, Calcium carbonate, Calcium salts of orthophosphoric acid, Sodium chloride, Magnesium hydroxide, Pineapple flavor, Beetroot powder, Thickeners (Guar gum, Xanthan gum), Sweeteners (Sucralose), Sodium L-ascorbate, Zinc sulphate, Nicotinamide, Ferric sodium EDTA, Di-Alpha-Tocopheryl acetate, Calcium D-pantothenate, Manganese sulphate, Riboflavin 5-Phosphate sodium, Pyridoxine hydrochloride, Thiamine hydrochloride, Copper sulphate, Retinyl acetate, Folic acid, Potassium iodide, Phylloquinone, Sodium selenite, Sodium molybdate, D-Biotin, Cholecalciferol, Cyanocobalamin.

WARNINGS

This food should be consumed with an adequate and balanced diet, it does not meet the nutritional needs alone.
Children under 15 years of age, pregnant or breastfeeding women may consume under the supervision of a doctor or dietitian.

Keep out of the reach of children in a cool and dry place.

OWNER

BAHS GIDA TEKNOLOJİLERİ VE ÜRETİM LTD. ŞTİ.
İncek Mah. Şehit Sıvaci Mehmet Selim Kırar Bulv. No: 164, 06830 Gölbaşı/Ankara
Manufacturer Business Registration Number: TR-24-K-189252
Origin: Turkey
BİM61 www.bahsbar.com
info@bahsbar.com

*1 scoop = 10g = 1 serving
Total 300g / 30 servings

Vegan Protein Bar.



18g Protein

No Added Sugar

Vegan



Strawberry
Cheesecake.



Chocolate
Brownie.



Lemon
Cheesecake.



Caramel
Candy.

Vegan protein bar.

bahs. high protein bars will allow you to get the protein you need after sports or at any time of the day with 18 g protein.

*Nutritional values and ingredients may vary depending on the product type.

| Nutrition facts | 100g | 60g |
|--------------------|------------|------------|
| Energy (kJ/kcal) | 2000 / 480 | 1200 / 290 |
| Fat (g) | 24,0 | 14,4 |
| -Saturated Fat (g) | 2,6 | 1,6 |
| Carbohydrates (g) | 33,5 | 20,1 |
| -Sugars (g) | 27,8 | 16,7 |
| Fiber (g) | 3,9 | 2,4 |
| Protein (g) | 30,0 | 18,0 |
| Salt (g) | 0,6 | 0,4 |

12 Pieces

BAHS. | www.bahsbar.com
info@bahsbar.com
Origin: Türkiye

Caramel Candy

CARAMEL FLAVORED PROTEIN BAR

Keep in a dry and cool place. Consume within 2 days after opening the package. May also contain pieces of nut shells and fruits pits. For lot number and best before date see back of the pack.

BAHS GIDA TEKNOLOJİLERİ VE ÜRETİM LTD. ŞTİ.
İncek Mah. Şehit Savcı Mehmet Selim Kiraz
Bulv. No: 164, 06830 Gölbaşı/Ankara
Producer Business Registration Number:
TR-34-K-000360
Origin: Türkiye
BAHS | www.bahsbar.com
info@bahsbar.com

Net WT: 60g. e

Ingredients: Dates, **Peanut**, Pea Protein (25%), Humectant (Glycerol), Caramel Flavor. Contains natural sugar. No added sugar. No artificial colours. May contains traces of sesame and treenuts.

For allergens see ingredients in bold.

*1 box contains 12 bars

** 1 bar = 60g

Whey Protein.



20g Protein

27 Vit. & Min

5g BCAA



Berry
Cheesecake.



Lemon
Cheesecake.



Cookies
Choco.



Chocolate
Brownie.

Whey Protein.

With its high protein content, enhanced amino acid profile, vitamins and minerals, the long-awaited bahs. Whey Protein is ready to accompany you in your workouts!

Chocolate Cookie Flavored Protein Powder

| Vitamins (Vitaminler) | 100 g | 1 Serving 29 g |
|-------------------------------|-------------|-------------------|
| Vitamin A | 166,8 µg RE | 48,4 µg RE |
| Vitamin D | 2,2 µg | 0,6 µg |
| Vitamin E | 2,2 mg TE | 0,6 mg TE |
| Vitamin C | 24,4 mg | 7,1 mg |
| Vitamin B1 (Thiamin) | 0,2 mg | 0,05 mg |
| Vitamin B2 (Riboflavin) | 0,4 mg | 0,1 mg |
| Vitamin B3 (Niacin) | 3,5 mg NE | 1,1 mg NE |
| Vitamin B5 (Pantothenic Acid) | 0,4 mg | 0,1 mg |
| Folic Acid (Pyridoxine) | 73,3 µg | 21,3 µg |
| Vitamin B12 | 0,6 µg | 0,2 µg |
| Biotin | 8,9 µg | 2,6 µg |
| Vitamin B5 (Pantothenic Acid) | 11 mg | 0,3 mg |
| Vitamin K | 15,5 µg | 4,5 µg |
| Aminoacids | 100 g | 1 Serving 29 g |
| Hydroxyproline | 8425 mg | 2443 mg |
| Threonine | 3000 mg | 870 mg |
| Isoleucine | 4037 mg | 1170 mg |
| Leucine | 6000 mg | 1740 mg |
| Lysine | 7077 mg | 2052 mg |
| Methionine | 2198 mg | 637 mg |
| L-Tyrosine | 1900 mg | 522 mg |
| Valine | 4187 mg | 1214 mg |
| Arginine | 2011 mg | 583 mg |
| Histidine | 1798 mg | 494 mg |
| Alanine | 4059 mg | 1177 mg |
| Aspartic Acid | 8899 mg | 2580 mg |
| Glutamic Acid | 7651 mg | 2219 mg |
| Glycine | 1510 mg | 439 mg |
| Proline | 9124 mg | 2648 mg |
| Serine | 4343 mg | 1260 mg |
| Cysteine | 2197 mg | 637 mg |
| Minerals | 100 g | 1 Serving 29 g |
| Calcium | 312 mg | 90,5 mg |
| Phosphorus | 1012 mg | 293,5 mg |
| Potassium | 866 mg | 251,4 mg |
| Iron | 25,2 mg | 7,3 mg |
| Zinc | 8 mg | 2,3 mg |
| Copper | 1,1 mg | 0,3 mg |
| Iodine | 84 µg | 24,3 µg |
| Selenium | 16 µg | 4,6 µg |
| Chromium | 45,6 µg | 13,2 µg |
| Sodium | 0,8 g | 0,2 g |
| Chloride | 628,7 mg | 182,3 mg |
| Molybdenum | 14,8 µg | 4,3 µg |
| Magnesium | 76 mg | 22 mg |
| Manganese | 2,2 mg | 0,6 mg |

27
VIT. & MIN.

20G
PROTEIN

5G
BCAA

INGREDIENTS:
Whey Protein (80%), Maltodextrin, L-leucine, L-isoleucine, L-valine, Tricalcium Phosphate, Thickeners (Guar Gum, Xanthan Gum), Flavoring (Chocolate Cookie), Potassium Chloride, Sweeteners (Sucralose), Calcium Salts of Orthophosphoric Acid, Magnesium Oxide, L-Ascorbic Acid, Ferrus Sulfate, DL-Alpha Tocopherol, Zinc Sulfate, Nicotinamide, Manganese Sulfate, Calcium D-Pantothenate, Retinyl Acetate, Cholecalciferol, Copper Sulfate, Pyridoxine Hydrochloride, Riboflavin, Thiamine Mononitrate, Folic Acid, Potassium Iodate, Sodium Selenite, Sodium Molybdate, Phylloquinone, D-Biotin, Cyanocobalamin.

Chocolate Cookie Flavored Protein Powder

RECOMMENDED USAGE

Add 300 ml of cold water into the shaker.
Add 1 scoop (29g) of powder to the water.
Shake well for approximately 30 seconds.

Helps to maintain protein balance and support the protein intake needed during periods of intense physical activity.

Store in a cool and dry place out of the reach of children.

CAUTION: Children under 15 years of age and pregnant women may consume only under the supervision of a physician or dietitian. This food should be consumed with an adequate and balanced diet, it does not meet all nutrient requirements alone. It is recommended to be consumed together with vitamin B5. These products should be used according to physician and dietitian recommendations.

OWNER:

BAHS GIDA TEKNOLOJİLERİ VE ÜRETİM LTD. ŞTİ.
Kızılcaşar Mah. İncek Şehit Savcı
Mehmet Selim Kiraz Blv. No:164,
06830 Gölbaşı /Ankara

Producer Business Registration Number:
TR-06-K-082116

Origin: Türkiye

BAHS | www.bahsbar.com/
info@bahsbar.com

*1 scoop = 29g = 1 serving
Total 464g / 16 servings

*Nutritional values and ingredients may vary depending on the product type.

Pea Protein.



20g Protein

27 Vit. & Min

5g BCAA



Berry
Cheesecake.



Lemon
Cheesecake.



Chocolate
Brownie.

Pea Protein.

With it's high protein, strengthened amino acid profile, vitamins and minerals, bahs. Pea Protein is ready to accompany you in your training!

CHOCOLATE BROWNIE

| Nutrition Facts | 100 g Powder | 1 Serving/ 29 g |
|---------------------------|---------------------|------------------------|
| Energy | 355 kcal (1497 kJ) | 103 kcal (435 kJ) |
| Fat | 6,81 g | 2,17 g |
| - Saturated Fat | 1,61 g | 0,54 g |
| Carbohydrate | 3,64 g | 0,61 g |
| - Sugar | 0,13 g | 0,03 g |
| Dietary Fiber | 3,09 g | 1,00 g |
| Protein | 68,23 g | 19,81 g |
| Salt | 2 g | 0,58 g |
| Vitamins | 100 g Powder | 1 Serving/ 29 g |
| Vitamin A | 165,80 µg RE | 48,37 µg RE |
| Vitamin D | 2,22 µg | 0,64 µg |
| Vitamin E | 2,27 mg 1E | 0,66 mg 1E |
| Vitamin C | 24,44 mg | 7,09 mg |
| Vitamin B1 (Thiamin) | 0,16 mg | 0,05 mg |
| Vitamin B2 (Riboflavin) | 0,36 mg | 0,11 mg |
| Vitamin B3 (Niacin) | 3,86 mg NE | 1,15 mg NE |
| Vitamin B5 (Pantoic acid) | 0,36 mg | 0,11 mg |
| Folic Acid | 73,33 µg | 21,27 µg |
| Vitamin B12 | 0,87 µg | 0,25 µg |
| Biotin | 8,89 µg | 2,53 µg |
| Vitamin B6 (Pyridoxine) | 1,12 mg | 0,33 mg |
| Vitamin K | 15,56 µg | 4,51 µg |
| Aminoacids | 100 g Powder | 1 Serving/29 g |
| Tryptophan | 0,54 g | 0,16 g |
| Threonine | 2,91 g | 0,73 g |
| Isoleucine | 3,36 g | 0,97 g |
| Leucine | 10,42 g | 3,02 g |
| Lysine | 7,28 g | 2,11 g |
| Methionine | 1,34 g | 0,39 g |
| L-Tyrosine | 2,69 g | 0,76 g |
| Valine | 3,66 g | 1,06 g |
| Arginine | 6,63 g | 1,93 g |
| Histidine | 1,70 g | 0,49 g |
| Alanine | 3,05 g | 0,88 g |
| Aspartic Acid | 7,86 g | 2,28 g |
| Glutamic Acid | 11,89 g | 3,45 g |
| Glycine | 2,66 g | 0,77 g |
| Proline | 2,92 g | 0,85 g |
| Serine | 3,33 g | 0,97 g |
| Cysteine | 0,68 g | 0,20 g |
| Minerals | 100 g Powder | 1 Serving/ 29 g |
| Calcium | 312,16 mg | 90,62 mg |
| Phosphorus | 1012,10 mg | 293,51 mg |
| Potassium | 860,95 mg | 250,42 mg |
| Iron | 25,30 mg | 7,31 mg |
| Zinc | 8,07 mg | 2,34 mg |
| Copper | 1,10 mg | 0,32 mg |
| Iodine | 84 µg | 24,36 µg |
| Selenium | 16 µg | 4,64 µg |
| Chromium | 45,07 µg | 13,26 µg |
| Sodium | 2,80 mg | 0,82 mg |
| Chloride | 630,72 mg | 183,33 mg |
| Molybdenum | 14,81 µg | 4,30 µg |
| Magnesium | 78,09 mg | 22,07 mg |
| Manganese | 2,26 mg | 0,65 mg |

27
VIT. & MIN.

20G
PROTEIN

5G
BCAA

INGREDIENTS:

Pea Protein (80%), L-Leucine, Artificial Flavor (Brownie), Alkalinized Cocoa Powder, L-Lysine, Potassium Chloride, L-Methionine, Thickeners (Guar Gum, Xanthan Gum), Sweeteners (Ace-K, Sucralose, Steviol Glycosides), Calcium Salts of Orthophosphoric Acid, Magnesium Oxide, L-Ascorbic Acid, Ferrous Sulphate, Zinc Sulphate, Di-Alpha-Tocopherol, Nicotinamide, Manganese Sulphate, D-Pantothenate Calcium, Retinyl Acetate, Cholecalciferol, Copper Sulphate, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Chromium Picolinate, Folic Acid, Potassium Iodide, Sodium Selenite, Sodium Molybdate, Phylloquinone, D-Biotin, Cyanocobalamin

Schokoladen-Brownie-Geschmack.

RECOMMENDED USAGE

Add 300 ml of cold water into the shaker. Add 1 scoop (29g) of powder to the water. Shake well for approximately 30 seconds.

Helps to maintain protein balance and support the protein intake needed during periods of intense physical activity.

Store in a cool and dry place out of the reach of children.

CAUTION: Children under 15 years of age and pregnant women may consume only under the supervision of a physician or dietitian. This food should be consumed with an adequate and balanced diet, it does not meet all nutrient requirements alone. It is recommended to be consumed together with vitamin B6. These products should be used according to physician and dietitian recommendations.

OWNER:

BAHS GIDA TEKNOLOJİLERİ VE ÜRETİM LTD. ŞTİ.
Kıralcaçay Mah. İçişler Şehit Sıvacı
Mehmet Selim Kızıoğlu Biv. No:194,
06830 Gölbaşı / Ankara

Producer Business Registration Number:
TR-06-K-082116

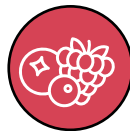
Origin: Türkiye

BAHS | www.bahsbar.com/
info@bahsbar.com

***1 scoop = 29g = 1 serving**
Total 464g / 16 servings

*Nutritional values and ingredients may vary depending on the product type.

PRE WORKOUT



Berry
Punch.

PRE WORKOUT

The long-awaited bahs. Pre Workout with the Caffeine, L-Citrulline, Taurine, Arginine and Beta Alanine it contains. Ready to accompany you in your workouts!

FOREST FRUITS FLAVORED ENERGIZING POWDER FOOD

| Nutrition Facts | 1 serving (15 g) |
|-----------------|------------------|
| Beta Alanine | 4000 mg |
| Arginine | 2500 mg |
| L-Citrulline | 1000 mg |
| Taurine | 800 mg |
| L-Tyrosine | 500 mg |
| Caffeine | 210 mg |
| L-Theanine | 100 mg |
| Vitamin B1 | 1 mg |

1000mg | **210mg** | **800mg**
L-CITRULLINE | **CAFFEINE** | **TAURINE**

For 1 Serving: Energy: 17 kcal (71 kJ), Fat: 0 g, Saturated Fat: 0 g, Carbohydrate: 4,2 g, Sugar: 0 g, Protein: 0 g, Salt: 0,2 g.

OWNER: BAHŞ GIDA TEKNOLOJİLERİ VE ÜRETİM LTD. ŞTİ.
İncek Mah. Şehit Savcı Mehmet Selim Kiraz Bulv. No: 164, 06830 Gölbaşı/Ankara
Producer Business Registration Number: TR-06-K-082116
Origin: Türkiye
BAHS | www.bahsbar.com / info@bahsbar.com

INGREDIENTS:

Beta Alanine, Arginine, L-Citrulline Malate, Taurine, Citric Acid, L-Tyrosine, Caffeine, L-Theanine, Maltodextrin, Silicon Dioxide, Sweetener (Sucralose), Artificial Flavor (Berry), Red Beet Powder, Vitamin B1.

RECOMMENDED USAGE: Add 300 ml of water into the shaker. Add 1 scoop (15 g) of powder to the water. Shake well for approximately 30 seconds.

CAUTION: Children under 15 years of age and pregnant women may consume only under the supervision of a physician or dietitian. This food should be consumed with an adequate and balanced diet, it does not meet all nutrient requirements alone. It is recommended to be consumed together with vitamin B6. These products should be used according to physician and dietitian recommendations.

*"SİLİKA GEL" contained in the product is a moisture absorber. Do not take it out while storing the product and do not eat it.

*Contains caffeine.

*1 scoop = 10g = 1 serving
Total 300g / 30 servings

CREATINE

MONOHYDRATE



UNFLAVORED

CREATINE MONOHYDRATE

With its 100% pure Creatine Monohydrate content, bahs. Creatine helps boost workout performance, support muscle strength, and speed up recovery. Now it's here for you!

CREATINE MONOHYDRATE SPORTS FOOD CONTAINING AMINO ACIDS

| | |
|-------------------------|------------|
| NUTRITION FACTS: | 3 g |
| Creatine Monohydrate | 3000 mg |

For 1 Serving: Energy: 0 kcal (0 kJ), Fat: 0 g, Saturated Fat: 0 g, Carbohydrate: 0 g, Sugar: 0 g, Protein: 0 g, Salt: 0 g.

INGREDIENTS:
Creatine Monohydrate.

RECOMMENDED USAGE:
Add 300 ml of water into the shaker. Add 1 scoop (3 g) of powder to the water. Shake well for approximately 30 seconds.

*1 scoop = 3g = 1 serving
Total 300g / 100 servings

UNFLAVORED

CAUTION: Pregnant women, breastfeeding women, individuals under the age of 18, or those with any health problems should not use it without consulting their doctor. This food substitute should be consumed together with an adequate diet, it can not replace nourishment alone. Do not exceed the recommended daily dose. Creatine can lead to stomach-intestine problems and harm the functions of the kidneys in certain individuals. IT IS NOT A MEDICINE.

Recommended Consumption Date is Batch No. It is at the bottom of the jar. Do not expose to direct sunlight. Do not expose to direct sunlight. Store in a cool and moisture-free place.

Product Owner: BAHŞ GIDA TEKNOLOJİLERİ VE ÜRETİM LTD. ŞTİ.
İncek Mah. Şehir Savcı Mehmet Selim Kiraz Bulv. No: 164,
06830 Gölbaşı/Ankara

Manufacturer Business Registration Number: TR-06-K-082116
Origin: Türkiye
BAHS | www.bahsbar.com / info@bahsbar.com

NET WT. 300g e

+BCAA GLUTAMINE



Green
Apple.

+BCAA GLUTAMINE

Accelerate muscle repair and take your energy to the top with its 6 grams of BCAA, 3 grams of Glutamine and rich mineral content.

GREEN APPLE FLAVOR BCAA. SPORTS FOOD CONTAINING AMINO ACIDS.

| Nutrition Facts | 1 Portion (10 g) |
|-----------------|------------------|
| Leucine | 3000 mg |
| Isoleucine | 1500 mg |
| Valine | 1500 mg |
| Glutamine | 3000 mg |
| Potassium | 260 mg |
| Calcium | 80 mg |
| Phosphorus | 60 mg |
| Sodium | 38 mg |
| Magnesium | 12 mg |

For 1 Serving: Energy: 12 kcal (51 kJ), Fat: 0 g, Saturated Fat: 0 g, Carbohydrate: 3 g, Sugar: 0 g, Protein: 0 g, Salt: 0 g.

Recommended Consumption Date (TETT) is the Lot Number. It's under the jar. Do not expose to direct sunlight. Store in a cool and moisture-free place.

Product Owner: BAHS GIDA TEKNOLOJİLERİ VE ÜRETİM LTD. ŞTİ.
İncek Mah. Şehit Şevki Mehmet Selim Kıraz Bulv. No:164, 06830 Gölbaşı/Ankara
Producer Business Registration Number: TR-06-K-082116
Origin: Türkiye
BAHS | www.bahsbar.com / info@bahsbar.com

CAUTION: Helps maintain amino acid balance during periods of intense physical activity. Children under 15 years of age and pregnant women may consume only under the supervision of a physician or dietitian. This food should be consumed with an adequate and balanced diet, it does not meet all nutrient requirements alone. It is recommended to be consumed together with vitamin B6. These products should be used according to physician and dietitian recommendations.

INGREDIENTS:

Leucine, Isoleucine, Valine, Glutamine, Flavouring (Green Apple), Citric Acid, Sweetener (Sucralose, Acesulfame-K), Orthophosphoric Salts of Calcium, Silicon Dioxide, Coloring (Copper Chlorophyll), Potassium Salt Of Phosphoric Acid, Calcium Carbonate, Sodium Chloride, Magnesium Hydroxide.

RECOMMENDED USAGE:

Add 300 ml of water into the shaker. Add 1 scoop (10 g) of powder to the water. Shake well for approximately 30 seconds.

*1 scoop = 10g = 1 serving

Total 300g / 30 servings

RICE CREAM



Gluten free

No Added Sugar

Lactose-free



Chocolate.



Strawberry.

RICE CREAM

Practical, nutritious, light and delicious bahs. Rice Cream offers a unique dessert option with its different flavor options and smooth consistency.

CHOCOLATE FLAVORED RICE CREAM

| Nutrition Facts | 100 g | 1 serving (50 g) |
|-----------------|------------------------|-----------------------|
| Energy | 342 kcal (1430,928 kJ) | 171 kcal (715,464 kJ) |
| Fat | 0,8 g | 0,4 g |
| - Saturated Fat | 0 g | 0 g |
| Carbohydrate | 72,2 g | 36,1 g |
| - Sugars | 0 g | 0 g |
| Dietary Fiber | 4,16 g | 2,08 g |
| Protein | 8 g | 4 g |

Ingredients: Rice Flour, Alkalized Cocoa Powder, Artificial Flavor (Chocolate), Sweetener: Sucralose (E955).

Suggested Use: Put 1 scoop(50g) of the product in a pan or a saucepan, and cook it on low heat with 200 ml of water until it thickens.

Recommended Consumption Date is Batch No. It is on the back of the package. Do not expose to direct sunlight. Store in a cool and moisture-free place. Produced in Türkiye.

Product Owner: BAHŞ GIDA TEKNOLOJİLERİ VE ÜRETİM LTD. ŞTİ.
İncek Mah. Şehit Savcı Mehmet Selim Kiraz Bulv. No:164,
06830 Gölbaşı/Ankara

Producer Business Registration Number: TR-06-K-082116

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*Nutritional values and ingredients may vary depending on the product type.

*1 scoop = 44g = 1 serving
Total 800g / 18 servings

PROTEIN CHIPS



13g Protein

170 kcal

Low Fat



Barbecue Grill.



Vegetable Seasoning.



Cheddar Cheese.



Chili Lime.

PROTEIN CHIPS

High protein, low calories and low fat content. Protein Chips add a healthy touch to the world of snacks.

*Nutritional values and ingredients may vary depending on the product type.

Nutrition Facts (50g)

| | |
|----------------------|------------|
| Energy (kcal) | 170 |
| Total Fat | 3,22 g |
| -Saturated Fat | 0,36 g |
| -Unsaturated Fat | 2,86 g |
| -Trans Fat | 0 g |
| Carbohydrate | 24 g |
| -Dietary Fiber | 3,69 g |
| -Sugar | 2,5 g |
| Protein | 13 g |
| Salt | 1 g |

BBQ SEASONED PROTEIN CORN CHIPS

Ingredients: Corn flour, pea protein, corn fiber, inulin, sunflower oil, barbecue seasoning (0.6%) (salt, spices (sweet red pepper powder, cumin powder, allspice powder, black pepper powder, onion powder, hot red pepper powder), HVP (hydrolyzed vegetable protein), barbecue flavor, sugar, salt, yeast extract, maltodextrin, colorant (Paprika E 160 C)

*Recommended consumption date and batch number are stated on the packaging. It does not contain lard or additives. Do not expose to direct sunlight. Store in a cool and dry place. **Allergen warnings are in bold.***

**Product Owner: BAHŞ GIDA
TEKNOJİLERİ VE ÜRETİM LTD. ŞTİ.**
İncek Mah. Şehit Savcı Mehmet
Selim Kiraz Bulv. No: 164,
06830 Gölbaşı/Ankara

Producer Business Registration
Number: TR-06-K-082116

BAHS | www.bahsbar.com/
info@bahsbar.com



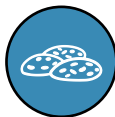
Whey Protein Bar.



15g Protein

1g Sugar

Milk Protein Based



Cookie
Dream.



Lemon
Cheesecake.



Chocolate
Brownie.



Caramel
Candy.

Whey Protein Bar.

With 15 g of protein, bahs. whey protein bars let you enjoy the protein you need after workouts or at any time of the day.

*Nutritional values and ingredients may vary depending on the product type.

| Nutrition Facts | 100g | 45g |
|--------------------|----------|---------|
| Energy (kj/kcal) | 1417/339 | 638/152 |
| Fat (g) | 12,0 | 5,4 |
| -Saturated Fat (g) | 6,2 | 2,8 |
| Carbohydrates (g) | 38,0 | 17,0 |
| -Sugar (g) | 2,1 | 0,9 |
| Fibre (g) | 5,3 | 2,4 |
| Protein (g) | 33 | 15 |
| Salt (g) | 0,82 | 0,37 |

12 pieces

BAHS. | www.bahsbar.com
info@bahsbar.com
Origin: Türkiye

Cookie Dream

COOKIE FLAVORED PROTEIN BAR

Keep in a dry and cool place. Consume within 2 days after opening the package. May also contain pieces of nut shells and fruits pits. For lot number and best before date see back of the pack.

BAHS GIDA TEKNOLOJİLERİ VE ÜRETİM LTD. ŞTİ.
İncek Mah. Şehit Sıvı Mehmet Selim Kiraz
Bulv. No: 164, 06830 Gölbaşı/Ankara
Producer Business Registration Number:
TR-34-K-000360
Origin: Türkiye
BAHS | www.bahsbar.com
info@bahsbar.com

Net WT: 45g. e

Ingredients: Sweetener: maltitol, Whey protein (dairy product), Milk protein, Hydrolyzed collagen peptides (beef), vegetable oil (palm, cotton, canola, sunflower), Chicory root fiber: inulin, Bitter chocolate chips no added sugar (cocoa mass, sweetener: maltitol, cocoa butter, emulsifier: sunflower lecithin), Tapioca starch, Flavorings (biscuit, butter).
For allergens see ingredients in bold.

*1 box contains 12 bars

** 1 bar = 45g

Collagen Peptides.



10g Collagen

27 vitamin & mineral

18 Amino Acid

UNFLAVORED

Collagen Peptides.

Type 1 and Type 3 collagen are structural proteins that support skin health and help maintain the skin's elastic structure. babs. Collagen Peptides also contain added vitamins and minerals.

COLLAGEN PEPTIDES (TYPE 1 & 3)

Powdered food containing collagen peptides (Type 1 & 3)

| NUTRITION FACTS | | |
|--------------------------------|---------------------|----------------------|
| Pack Contains: 300 g | 1 Serving/1 (10 g)* | 100 g |
| CALORIES | 37,5 Kcal | 375 Kcal |
| CARBOHYDRATES | 0 g | 0 g |
| TOTAL FAT | 0, g | 0 g |
| PROTEIN | 9,2 g | 92,0 g |
| COLLAGEN PEPTIDE (1&3) | 10 g | 100,0 g |
| Vitamins | | |
| | 1 Serving/ (10 g)* | 100 g |
| Vitamin A | 41,7 µg RE | 417 µg RE |
| Vitamin D | 0,556 µg | 5,56 µg |
| Vitamin E | 0,556 mg TE | 5,56 mg TE |
| Vitamin C | 6,112 mg | 61,12 mg |
| Vitamin B1 (Thiamin) | 0,044 mg | 0,44 mg |
| Vitamin B2 (Riboflavin) | 0,090 mg | 0,90 mg |
| Vitamin B3 (Niacin) | 0,944 mg NE | 9,44 mg NE |
| Vitamin B6 (Pyridoxine) | 0,090 mg | 0,90 mg |
| Folic Acid | 18,34 µg | 183,4 µg |
| Vitamin B12 | 0,167 µg | 1,67 µg |
| Biotin | 2,223 µg | 22,23 µg |
| Vitamin B5 (Pantothenic Acid) | 0,281 mg | 2,81 mg |
| Vitamin K | 3,889 µg | 38,89 µg |
| Minerals | | |
| | 1 Serving/ (10 g)* | 100 g |
| Calcium (Kalsiyum) | 52,812 mg | 528,12 mg |
| Phosphorus (Fosfor) | 41,677 mg | 416,77 mg |
| Potassium (Potasyum) | 173,4 mg | 1734 mg |
| Iron (Demir) | 0,516 mg | 5,16 mg |
| Zinc (Çinko) | 0,525 mg | 5,25 mg |
| Copper (Bakır) | 0,061 mg | 0,61 mg |
| Iodine (İyot) | 8,4 µg | 84 µg |
| Selenium (Selenyum) | 4,0 µg | 40 µg |
| Chromium (Krom) | 11,398 µg | 113,98 µg |
| Sodium (Sodyum) | 0,087 g | 0,87 g |
| Chloride (Klor) | 157,1 mg | 1571 mg |
| Molybdenum (Molibden) | 3,64 µg | 36,4 µg |
| Magnesium (Magnezyum) | 8,334 mg | 83,34 mg |
| Manganese (Mangan) | 0,169 mg | 1,69 mg |
| AMINO ACID PROFILE / 1 SERVING | | |
| Alanin | 0,95 g | Lysine 0,39 g |
| Arginine | 0,80 g | Ornithine 0,02 g |
| Aspartic Acid | 0,57 g | Phenylalanine 0,18 g |
| Glutamic Acid | 1,91 g | Proline 1,44 g |
| Glycine | 2,60 g | Serine 0,33 g |
| Histidine | 0,06 g | Threonine 0,18 g |
| Hydroxyproline | 1,25 g | Tyrosine 0,03 g |
| Isoleucine | 0,14 g | Valine 0,22 g |
| Leucine | 0,28 g | Methionine 0,09 g |

INGREDIENTS

Collagen (Type 1 & Type 3), Potassium Chloride, Calcium Orthophosphate Salts, Magnesium Oxide, L-Ascorbic Acid, Ferrous Sulfate, DL-Alpha Tocopherol, Zinc Sulfate, Nicotinamide, Manganese Sulfate, Calcium D-Pantothenate, Retinyl Acetate, Cholecalciferol, Copper Sulfate, Pyridoxine Hydrochloride, Riboflavin, Thiamine Mononitrate, Folic Acid, Potassium Iodate, Sodium Selenite, Sodium Molybdate, Phylloquinone, D-Biotin, Cyanocobalamin.

WARNINGS

Suggested Use: In adults aged 11 years and older, it is used by mixing 1 scoop (10g), with 1 glass (about 200ml) water, juice, coffee or mixing into foods.

This food should be consumed with an adequate and balanced diet, it does not meet the nutritional needs alone. Children under 15 years of age, pregnant or breastfeeding women may consume under the supervision of a doctor or dietitian.

Keep out of the reach of children in a cool and dry place.

OWNER

BAHS GIDA TEKNOLOJİLERİ VE DRETIM LTD. ŞTİ.
İncek Mah. Sağlık Savaşı Mehmet Selim Kıran Bulv. No:164, 06830 Gölbaşı/Ankara
Manufacturer Business Registration Number: TR-34-K-188826
Origin: Türkiye
BAHS | www.bahsbar.com
info@bahsbar.com

Protein Noodle.



20g Protein

Ready in 3 Minutes

1 Meal



Creamy &
Curried.



Tomato &
Basil.

Protein Noodle.

Protein Noodle offers 20 g of protein with its special sauces and rich content.

Thanks to its satisfying texture, it helps curb hunger and saves time with its quick preparation.

| Nutrition facts | per 100g* | per 1 pack(400 g)* | 400 g %RA** |
|--------------------------|----------------|--------------------|-------------|
| Energy (kj/kcal) | 433/103 | 1732/414 | %21 |
| Fat (g) | 4,4 | 17,6 | %25 |
| Saturated Fat (g) | 1,6 | 6,4 | %32 |
| Carbohydrate(g) | 10,7 | 42,6 | %16 |
| Sugars (g) | 0,1 | 0,4 | %0,4 |
| Fiber (g) | 0,7 | 2,7 | %11 |
| Protein (g) | 5,0 | 20,0 | %40 |
| Salt (g) | 0,9 | 3,6 | %60 |

*Refers to the ready-to-consume product prepared according to the instructions (Noodles + Seasoning + Water).

** Values refer to the Reference Intake of an average adult (8400 kJ / 2000 kcal).

Net Weight: 100g e

NOODLES WITH CREAMY AND CURRY

INGREDIENTS: Noodles (80%): Wheat Flour, Hydrolyzed Pea Protein, Vegetable Oil (Palm), Salt, Potato Starch, Acidity Regulator (Sodium Bicarbonate, Potassium Carbonate, Sodium Tripolyphosphate), Thickener (Guar Gum)

Seasonings (20%): Potato Starch, Corn Starch, Maltodextrin, Vegetable Oil Powder (Palm), Curry Powder (%4), Salt, Yeast Extract, Natural Flavorings, Turmeric, Sugar, Paprika

May contain traces of soy, celery and eggs.

This product contains gluten.

PREPARATION



*Nutritional values and ingredients may vary depending on the product type.

Contact.



İbrahim Sarp Kala
Co-Founder
sarp.kala@bahsbar.com
+90 530 377 04 12



Akın Özpınar
Co-Founder
akinozpınar@bahsbar.com
+90 532 598 08 75



BAHS GIDA TEKNOLOJİLERİ VE ÜRETİM LTD. ŞTİ.
info@bahsbar.com
Kızılcaşar mah. İncek Şehit Savcı Mehmet Selim
Kiraz blv. No:164 Gölbaşı/Ankara - Türkiye



eat right, live strong.

bahs.

www.bahsbar.com

info@bahsbar.com